

About IB



The International Baccalaureate aims to develop inquiring, knowledgeable and caring young people who help to create a better and more peaceful world through intercultural understanding and respect.

To this end the organization works with schools, governments and international organizations to develop challenging programs of international education and rigorous assessment.

These programs encourage students across the world to become active, compassionate and lifelong learners who understand that other people, with their differences, can also be right.

<http://www.ibo.org/>

Cool Force

5th-8th Grade
One Hour of Community
Service for each grade

Shadowing

7th & 8th Grade
2 Half Days Shadowing a
Professional

Challenge School

Cool Force



*The only journey is the
journey within.*

Caring Outside Our Lives

Reflection

What do I need to do?

Every student at Challenge School must complete community service hours. Your grade (5th, 6th, 7th, 8th) tells you how many hours you need to do (5th = 5 hours).

Why do I need to do this?

Serving others can help you to better understand yourself. Participating in community service builds character, teaches civic responsibility, opens doors to career possibilities, looks good on college applications, builds upon the IB traits and attitudes, and often provides services for communities they otherwise might not have. It also can help students focus on their goals.

What is my “community”?

You may select from a variety of communities you are involved with: our Challenge School community, your neighborhood, your city, your state, our nation, or any other group you are affiliated with.

What counts as “service”?

The idea behind community service is that you are giving your time and effort to help out others. Therefore, in order to count for community service, the work you do must be: 1) Uncompensated: you may not be paid for your work, and you should not receive anything in exchange for your labor or time. 2) Voluntary: your work may not be part of any mandated program. 3) Beneficial: your work should help others—think beyond yourself and your family. This

3. What was the hardest thing about it?

4. Consider your community service project as a whole—what did you learn from this experience?

5. How does this project relate to the IB traits and attitude? Choose one trait and one attitude that you think this project helped you demonstrate or practice.

Activity Log

Suggested Activities

Student's Name:

Connections Teacher:

All students must use the Activity Log form to record their community service.

I have reviewed my son's/daughter's Activity Log Form and I verify that he/she completed the hours he/she has logged.

Log				
Date	Time	Activity	Hours	Supervisor Signature
TOTAL	NUMBER	HOURS		

Parent Signature _____

Student Signature _____



Special Olympics

Special Olympics

Join the more than 700,000 Special Olympics volunteers around the world by contacting your local Program.

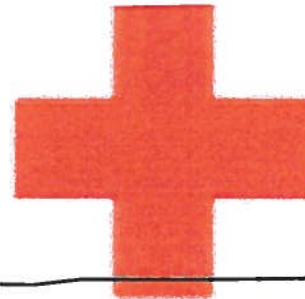
<http://www.specialolympics.org>



The Urban Farm

The Urban Farm's mission is to teach agricultural and environmental education to urban children and youth.

<http://www.theurbanfarm.org/>



Red Cross

If you are going to be a Red Cross volunteer, you can begin learning about the organization right now.

<http://www.redcross.org/>

Cool Force Reflection

Cool Force

1. How did you provide a service or help that others could not or might not have? Describe how the service or help you provided was unique or fit any talents or abilities you have.

should not benefit you directly (except for the great feeling you'll get).

How do I proceed?

You need to choose your community service hours carefully. You should enjoy what you are doing, but you should strive for a variety of different types of service and you should make sure you take the time to reflect upon what you are doing and why you are doing it.

Fill out your schedule and permission (part I)

Fill out your activity log and get it signed (part II)

Fill out your reflection log (part III)

Hand in your completed packet to your Connections teacher by the due date.

2. What was the best thing about your experience? What are you proudest of about this experience?

Notes or Questions